



Critical Care Competency Self Assessment

Directions

Please circle a value for each question to provide us and the interested facilities with an assessment of your clinical experience. These values confirm your strengths within your specialty and assist the facility in the selection process of the healthcare professional.

Experience
0 Not Applicable
1 No Experience
2 Some Experience (Require Assistance)
3 Intermittent Experience (May Require Assistance)
4 Experienced (Performs without Assistance)
5 Very Experienced (Able to Teach/Supervise)

Print Name

Last 4 Digits of SS#

Date

General Skills	Experience					
Advanced directives	0	1	2	3	4	5
Patient/family teaching	0	1	2	3	4	5
Restrictive devices (restraints)	0	1	2	3	4	5
Lift/transfer devices	0	1	2	3	4	5
Specialty beds	0	1	2	3	4	5
End of life care/palliative care	0	1	2	3	4	5
Wound assessment & care	0	1	2	3	4	5
Automated Medication Dispensing System, Pyxis, Omnicell, or other	0	1	2	3	4	5
Bar coding for medication administration	0	1	2	3	4	5
Diabetic care and education	0	1	2	3	4	5
Blood Glucose Monitor (BGM)	0	1	2	3	4	5
Cardioversion/defibrillation	0	1	2	3	4	5
Electronic ICU	0	1	2	3	4	5
National Patient Safety Goals	0	1	2	3	4	5
Accurate patient identification	0	1	2	3	4	5
Effective communication	0	1	2	3	4	5
Interpretation & communication of lab values	0	1	2	3	4	5
Medication administration	0	1	2	3	4	5
Medication reconciliation	0	1	2	3	4	5
Labeling (medications & specimens)	0	1	2	3	4	5
Anticoagulation therapy	0	1	2	3	4	5
Monitoring conscious sedation	0	1	2	3	4	5
Pain assessment & management	0	1	2	3	4	5
Infection control	0	1	2	3	4	5
Universal precautions	0	1	2	3	4	5
Isolation	0	1	2	3	4	5
Minimize risk for falls	0	1	2	3	4	5
Prevention of pressure ulcers	0	1	2	3	4	5
Use of rapid response teams	0	1	2	3	4	5
Awareness of HCAHPS	0	1	2	3	4	5



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Initials _____

Cardiovascular	Experience					
Assessment of heart sounds	0	1	2	3	4	5
Interpretation of arrhythmias	0	1	2	3	4	5
Performing 12 lead EKG's	0	1	2	3	4	5
Interpretation of 12 lead EKG	0	1	2	3	4	5
Interpretation of hemodynamic monitoring	0	1	2	3	4	5
Assist with Insertion & Management of:						
CVC (Central Venous Catheter)	0	1	2	3	4	5
Arterial line	0	1	2	3	4	5
Swanz Ganz catheter	0	1	2	3	4	5
Flow trac or Vigileo monitoring caths	0	1	2	3	4	5
Intra-Aortic Balloon Pump (IABP)	0	1	2	3	4	5
Ventricular Assist Device (LVAD, RVAD)	0	1	2	3	4	5
Maintenance & Management of:						
Permanent pacemakers	0	1	2	3	4	5
Implantable Cardioverter Defibrillator (ICD)	0	1	2	3	4	5
External pacemakers	0	1	2	3	4	5
Epicardial pacemaker wires	0	1	2	3	4	5
Discontinuing venous/arterial sheaths	0	1	2	3	4	5
Femostop/vasoseal	0	1	2	3	4	5
Care of Patients with:						
Acute myocardial infarction	0	1	2	3	4	5
Pre/post: cardiac catheterization	0	1	2	3	4	5
Congestive heart failure	0	1	2	3	4	5
Cardiomyopathy	0	1	2	3	4	5
Dysrhythmias/conduction disturbances	0	1	2	3	4	5
Aortic aneurysm	0	1	2	3	4	5
Thoracic/abdominal surgery	0	1	2	3	4	5
Endoluminal graft	0	1	2	3	4	5
Cardiogenic shock	0	1	2	3	4	5
Hypertensive crisis	0	1	2	3	4	5
Pericarditis/endocarditis	0	1	2	3	4	5
MAZE procedure	0	1	2	3	4	5
Post open heart (CABG/valve)	0	1	2	3	4	5
Cardiac contusion/trauma	0	1	2	3	4	5
Heart transplant	0	1	2	3	4	5
Cardiac tamponade	0	1	2	3	4	5
Medication Administration						
ACLS medications and protocols	0	1	2	3	4	5
Antidysrhythmics	0	1	2	3	4	5



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Cardiovascular - cont.	Experience					
Antihypertensives	0	1	2	3	4	5
Vasoactive/vasopressor agents	0	1	2	3	4	5
Anesthetics (propofol/presedex)	0	1	2	3	4	5
Thrombolytics (retavase/activase)	0	1	2	3	4	5
Platelet inhibitors (ReoPro/Integrilin/Aggrastat)	0	1	2	3	4	5
Flofan for pulmonary hypertension	0	1	2	3	4	5

Pulmonary	Experience					
Assessment of breath sounds	0	1	2	3	4	5
Airway Management, Care & Maintenance of:						
Oral/NT/ET airway	0	1	2	3	4	5
Tracheostomy	0	1	2	3	4	5
Arterial blood gas analysis/interpretation	0	1	2	3	4	5
Obtaining ABG blood sample/arterial line	0	1	2	3	4	5
Pulse oximetry	0	1	2	3	4	5
Ventilator Management						
BiPAP (Bi-level Positive Airway Pressure)	0	1	2	3	4	5
Oscillation/high-frequency ventilation	0	1	2	3	4	5
Nitric	0	1	2	3	4	5
Interpretation of weaning parameters	0	1	2	3	4	5
Maintenance & management of pleural chest tubes	0	1	2	3	4	5
Care of Patient with:						
Acute respiratory failure	0	1	2	3	4	5
Adult Respiratory Distress Syndrome (ARDS)	0	1	2	3	4	5
Sudden Inflammation Respiratory Syndrome (SIRS)	0	1	2	3	4	5
Inhalation injuries	0	1	2	3	4	5
Pneumonia	0	1	2	3	4	5
Pulmonary edema	0	1	2	3	4	5
Near drowning	0	1	2	3	4	5
Chronic Obstructive Pulmonary Disease (COPD)	0	1	2	3	4	5
Pre/post thoracic surgery	0	1	2	3	4	5
Pulmonary embolism	0	1	2	3	4	5
Pulmonary/chest trauma	0	1	2	3	4	5
Pulmonary hypertension	0	1	2	3	4	5
Status asthmaticus	0	1	2	3	4	5
Medication Administration						
Rapid sequence intubation drugs/protocols	0	1	2	3	4	5
Nebulizer treatments: Ventolin, Atrovent	0	1	2	3	4	5



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Neurology	Experience					
Cranial nerve assessment	0	1	2	3	4	5
Glasgow coma scale	0	1	2	3	4	5
NIH stroke scale	0	1	2	3	4	5
NIH stroke certification	0	1	2	3	4	5
Seizure precautions	0	1	2	3	4	5
Skeletal traction	0	1	2	3	4	5
Cervical spine precautions/logroll positioning	0	1	2	3	4	5
Halo vest/halo traction	0	1	2	3	4	5
Monitoring of neuromuscular blocking agents/paralytics	0	1	2	3	4	5
Assist with lumbar puncture	0	1	2	3	4	5
Intracranial/Cerebral Perfusion Pressure Monitoring (ICP/ CPP) via:						
Ventriculostomy	0	1	2	3	4	5
Subarachnoid screw/bolt	0	1	2	3	4	5
Care of Patients with:						
Lumbar drains	0	1	2	3	4	5
Cerebral aneurysm	0	1	2	3	4	5
Subarachnoid hemorrhage	0	1	2	3	4	5
Status epilepticus	0	1	2	3	4	5
TBI (Traumatic Brain Injury)	0	1	2	3	4	5
Spinal cord injury	0	1	2	3	4	5
CerebroVascular Accident (CVA)	0	1	2	3	4	5
Pre/post cranial surgery	0	1	2	3	4	5
Meningitis	0	1	2	3	4	5
Myasthenia gravis	0	1	2	3	4	5
Clipping and/or coilings of aneurysms	0	1	2	3	4	5
Pituitary Tumor	0	1	2	3	4	5
Medication Administration						
Steroids: Decadron, Solu-Medrol	0	1	2	3	4	5
Anticonvulsants: Dilantin, phenobarbital	0	1	2	3	4	5
Paralytic Agents: Norcuron, Pavalon, Nimbex, Tracrium, vecuronium	0	1	2	3	4	5
Mannitol	0	1	2	3	4	5
Antipsychotics: Haldol	0	1	2	3	4	5

Trauma & Burns	Experience					
Mass casualty	0	1	2	3	4	5
Electrocution	0	1	2	3	4	5
Amputation	0	1	2	3	4	5
Gangrene	0	1	2	3	4	5
Multiple fractures	0	1	2	3	4	5



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Trauma & Burns - cont.	Experience					
Thermoregulation: hypothermia/hyperthermia	0	1	2	3	4	5
Burns: Calculation of Total Body Surface Area (BSA)						
Berdow Formula/“Rule of Nines”	0	1	2	3	4	5
Lund and Browder chart	0	1	2	3	4	5
Fluid resuscitation	0	1	2	3	4	5
Care & management of burns	0	1	2	3	4	5

Gastrointestinal	Experience					
Small bore feeding tube insertion (Dobhoff or Keofeed)	0	1	2	3	4	5
Nasogastric tube insertion	0	1	2	3	4	5
Post pyloric feeding tube insertion	0	1	2	3	4	5
Gastric lavage	0	1	2	3	4	5
Use of activated charcoal	0	1	2	3	4	5
Maintenance of gastric/jejunostomy tube	0	1	2	3	4	5
Stoma care	0	1	2	3	4	5
Maintenance & management of enteral tube feedings	0	1	2	3	4	5
Assisting/monitoring bedside procedures: endo/chest tubes/bronchs/trach insertion/PEG tubes	0	1	2	3	4	5
Care of Patients with:						
Abdominal trauma	0	1	2	3	4	5
Acute gastrointestinal hemorrhage	0	1	2	3	4	5
Esophageal varices	0	1	2	3	4	5
Balloon tamponade devices (i.e. Blakemore tube)	0	1	2	3	4	5
Peritonitis	0	1	2	3	4	5
Acute pancreatitis	0	1	2	3	4	5
Bowel obstruction	0	1	2	3	4	5
Liver/pancreas transplant	0	1	2	3	4	5
Medication Administration						
Antiemetics: Reglan, Zofran	0	1	2	3	4	5
H2 receptor antagonists	0	1	2	3	4	5

Renal	Experience					
Foley catheter insertion	0	1	2	3	4	5
Suprapubic tube	0	1	2	3	4	5
Nephrostomy tube	0	1	2	3	4	5
Peritoneal dialysis	0	1	2	3	4	5
Continuous Arteriovenous Hemofiltration (CAVHD, CVVHD, SCUF, CRRT)	0	1	2	3	4	5
Hemodialysis of the critically ill patient	0	1	2	3	4	5
Care of Patient with:						
Acute renal failure	0	1	2	3	4	5



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Renal - cont.	Experience					
Chronic renal failure	0	1	2	3	4	5
AV fistulas, shunts & dialysis catheters	0	1	2	3	4	5
Nephrectomy	0	1	2	3	4	5
Renal transplant	0	1	2	3	4	5
Renal/urinary tract trauma	0	1	2	3	4	5

Endocrine	Experience					
Diabetic Ketoacidosis (DKA)	0	1	2	3	4	5
Hyperosmolar Hyperglycemic Nonketotic Coma (HHNK)	0	1	2	3	4	5
Diabetes Insipidus (DI)	0	1	2	3	4	5
Syndrome of Inappropriate Antidiuretic Hormone (SIADH)	0	1	2	3	4	5
Administration & monitoring of insulin infusion	0	1	2	3	4	5
Use of Endo tool	0	1	2	3	4	5

Intravenous Management	Experience					
Starting peripheral IV's	0	1	2	3	4	5
Care of patient with Peripherally-Inserted Central Catheter (PICC)	0	1	2	3	4	5
Administration/monitoring of Total Parenteral Nutrition (TPN)	0	1	2	3	4	5
Administration of blood/blood products	0	1	2	3	4	5
Administration of narcotics/sedatives: (fentanyl, Valium, Ativan, Versed, morphine)	0	1	2	3	4	5
Bispectral monitoring	0	1	2	3	4	5

Tele-ICU (ICU-E)	Experience					
Mentoring	0	1	2	3	4	5
Communication	0	1	2	3	4	5
Video assessment	0	1	2	3	4	5
Utilize tele-ICU system	0	1	2	3	4	5
Multi-tasking	0	1	2	3	4	5
Troubleshoot equipment	0	1	2	3	4	5
Giving directions over AV system	0	1	2	3	4	5
Interpretation of data	0	1	2	3	4	5
Critical thinking	0	1	2	3	4	5
Diplomacy	0	1	2	3	4	5



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Other	Experience					
Drug or chemical overdose (TCA, ethanol, ASA)	0	1	2	3	4	5
Poisoning (CO, cyanide)	0	1	2	3	4	5
Substance abuse (ETOH, stimulants, narcotics)	0	1	2	3	4	5
Human Immunodeficiency Virus (HIV)	0	1	2	3	4	5
Multisystem Organ Dysfunction Syndrome (MODS)	0	1	2	3	4	5
Anaphylaxis	0	1	2	3	4	5
Disseminated Intravascular Coagulation (DIC)	0	1	2	3	4	5
Septic shock	0	1	2	3	4	5
Cancer	0	1	2	3	4	5
Administration of chemotherapy	0	1	2	3	4	5
Monitoring of chemotherapy (does not initiate)	0	1	2	3	4	5
Hyperbaric oxygenation	0	1	2	3	4	5
Organ/tissue donation procedures	0	1	2	3	4	5
Suicide precautions	0	1	2	3	4	5

Age Specific Competencies	Experience					
Adolescent (ages 13-21 years)	0	1	2	3	4	5
Young adult (ages 22-39 years)	0	1	2	3	4	5
Adult (ages 40-64 years)	0	1	2	3	4	5
Older adult (ages 65-79 years)	0	1	2	3	4	5
Elderly (ages 80+ years)	0	1	2	3	4	5

Please list any Additional Skills:	
1.	2.
3.	4.
Additional training:	
1.	2.
3.	4.
Additional equipment:	
1.	2.
3.	4.

The information on this and all preceding pages is true and correct.

Signature

Date