



**LDRP Competency Self Assessment**  
*Labor, Delivery, Post Partum, Newborn Nursery*

**Directions**

Please circle a value for each question to provide us and the interested facilities with an assessment of your clinical experience. These values confirm your strengths within your specialty and assist the facility in the selection process of the healthcare professional.

Experience
0 Not Applicable
1 No Experience
2 Some Experience (Require Assistance)
3 Intermittent Experience (May Require Assistance)
4 Experienced (Performs without Assistance)
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**Print Name**

**Last 4 Digits of SS#**

**Date**

General Skills	Experience					
Advanced directives	0	1	2	3	4	5
Patient/family teaching	0	1	2	3	4	5
Discharge planning	0	1	2	3	4	5
Lift/transfer devices	0	1	2	3	4	5
Specialty beds	0	1	2	3	4	5
Restrictive devices (restraints)	0	1	2	3	4	5
End of life care/palliative care	0	1	2	3	4	5
Wound assessment & care	0	1	2	3	4	5
Automated Medication Dispensing System, Pyxis, Omnicell, or other	0	1	2	3	4	5
Bar coding for medication administration	0	1	2	3	4	5
Coaching needs: physical/emotional/comfort	0	1	2	3	4	5
Assist with sterile speculum exam (effacement, dilation, station, presentation)	0	1	2	3	4	5
Vaginal exam (effacement, dilation, station, presentation)	0	1	2	3	4	5
Performs sterile speculum exam independently	0	1	2	3	4	5
Use of doppler	0	1	2	3	4	5
National Patient Safety Goals	0	1	2	3	4	5
Accurate patient identification	0	1	2	3	4	5
Effective communication	0	1	2	3	4	5
Time out protocol	0	1	2	3	4	5
Interpretation & communication of lab values	0	1	2	3	4	5
Medication administration	0	1	2	3	4	5
Labeling (medications & specimens)	0	1	2	3	4	5
Medication reconciliation	0	1	2	3	4	5
Anticoagulation therapy	0	1	2	3	4	5
Monitoring conscious sedation	0	1	2	3	4	5
Pain assessment & management	0	1	2	3	4	5
Use of PCA (IV)	0	1	2	3	4	5
Epidural	0	1	2	3	4	5
Infection control	0	1	2	3	4	5
Universal precautions	0	1	2	3	4	5
Awareness of HCAHPS	0	1	2	3	4	5



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Initials \_\_\_\_\_

General Skills - cont.	Experience					
Isolation	0	1	2	3	4	5
Minimize risk for falls	0	1	2	3	4	5
Prevention of pressure ulcers	0	1	2	3	4	5

Cardiac Monitoring & Emergency Care	Experience					
Preparation & administration of emergency drugs	0	1	2	3	4	5
Infant/neonatal arrest/NRP	0	1	2	3	4	5
Adult cardiac arrest/ACLS	0	1	2	3	4	5
Obtains 12 lead EKG	0	1	2	3	4	5
Interpretation of rhythm strips	0	1	2	3	4	5
Use of rapid response teams	0	1	2	3	4	5
Pulse oximetry	0	1	2	3	4	5
Interpretation of ABG's	0	1	2	3	4	5
O2 (NC/mask/oxyhood)	0	1	2	3	4	5
Assist with intubation	0	1	2	3	4	5
Suctioning	0	1	2	3	4	5

IV Therapy	Experience					
Start & maintain peripheral IV	0	1	2	3	4	5
Start & maintain scalp veins	0	1	2	3	4	5
Maintain central lines (CVC/PICC)	0	1	2	3	4	5
Administration of blood & blood products	0	1	2	3	4	5
TPN/lipids	0	1	2	3	4	5
Use of infusion pumps/drips/IV monitoring	0	1	2	3	4	5

Patient Monitoring	Experience					
Assist/monitor anesthesia	0	1	2	3	4	5
General anesthesia	0	1	2	3	4	5
Regional/spinal/epidural	0	1	2	3	4	5
Care of Patient with Pre-existing Problems						
Cardiac disease	0	1	2	3	4	5
Neurological disease	0	1	2	3	4	5
Seizure disorder	0	1	2	3	4	5
Prior tubal ligation	0	1	2	3	4	5
Diabetes mellitus	0	1	2	3	4	5
Infectious disease	0	1	2	3	4	5
Sickle cell disease	0	1	2	3	4	5
RH incompatibilities	0	1	2	3	4	5



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Patient Monitoring - cont.	Experience					
HIV	0	1	2	3	4	5
Substance abuse (subutex, methadone)	0	1	2	3	4	5

Antepartum Care & Procedures	Experience					
Triage of obstetrical patients	0	1	2	3	4	5
NST (Non Stress Tests)	0	1	2	3	4	5
OCT (Oxytocin Challenge Tests)	0	1	2	3	4	5
Reflex checks/edema assessment/clonus	0	1	2	3	4	5
Assist with amniocentesis	0	1	2	3	4	5
<b>Care of Patient with:</b>						
Pregnancy induced hypertension	0	1	2	3	4	5
Pre-eclampsia/eclampsia	0	1	2	3	4	5
Preterm labor	0	1	2	3	4	5
VBAC management/trial of labor	0	1	2	3	4	5
Placenta previa	0	1	2	3	4	5
Abruptio placenta	0	1	2	3	4	5
Uterine rupture	0	1	2	3	4	5
Multiple gestation	0	1	2	3	4	5
Malpresentations (breech/face/brow)	0	1	2	3	4	5
<b>Medication &amp; Administration</b>						
Pitocin (oxytocin)	0	1	2	3	4	5
Prostaglandins	0	1	2	3	4	5
Cytotec, misoprostol	0	1	2	3	4	5
Ritodrine	0	1	2	3	4	5
Magnesium sulfate therapy	0	1	2	3	4	5
Corticosteroids	0	1	2	3	4	5
Insulin drips	0	1	2	3	4	5
Terbutaline	0	1	2	3	4	5

Labor Assessment & Procedures	Experience					
Assess & document progression of labor	0	1	2	3	4	5
Abdominal/perineal prep	0	1	2	3	4	5
Assist with AROM procedure	0	1	2	3	4	5
Assess & document fetal status	0	1	2	3	4	5
Use of EFM (External Fetal Monitor)	0	1	2	3	4	5
Use of IFM (Internal Fetal Monitor)	0	1	2	3	4	5
Assist with IUPC placement & calibration	0	1	2	3	4	5
Amnioinfusion	0	1	2	3	4	5
Assist with vaginal delivery	0	1	2	3	4	5



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Labor Assessments & Procedures - cont.	Experience					
Forceps/vacuum extraction	0	1	2	3	4	5
Shoulder dystocia	0	1	2	3	4	5
Emergency delivery	0	1	2	3	4	5
Hemorrhage/shock	0	1	2	3	4	5
Assist with high risk delivery	0	1	2	3	4	5
Circulate for c-section	0	1	2	3	4	5
Scrub for c-section	0	1	2	3	4	5
Assist with fetal scalp blood sampling	0	1	2	3	4	5
Fundal assessment/height	0	1	2	3	4	5

Immediate Care of Baby in Delivery Room	Experience					
Newborn assessment/apgar scores	0	1	2	3	4	5
Routine neonatal medications	0	1	2	3	4	5
Meconium	0	1	2	3	4	5
Eye prophylaxis	0	1	2	3	4	5
Collect cord sample	0	1	2	3	4	5
Heelsticks	0	1	2	3	4	5
Radiant warmer/thermoregulation	0	1	2	3	4	5
ID/security banding	0	1	2	3	4	5

Postpartum Care	Experience					
Fundus/lochia/perineum care	0	1	2	3	4	5
Episiotomy/incision care	0	1	2	3	4	5
Postop c-section	0	1	2	3	4	5
Bladder assessment	0	1	2	3	4	5
Foley catheter insertion	0	1	2	3	4	5
Baby friendly protocols	0	1	2	3	4	5
Couplet care	0	1	2	3	4	5
Breast feeding instructions	0	1	2	3	4	5

Newborn Care General Skills	Experience					
Neonatal level II/III (complete NNICU checklist)	0	1	2	3	4	5
Newborn nursery	0	1	2	3	4	5
Full body assessment	0	1	2	3	4	5
Assist with Insertion of & Maintenance of:						
UAC/UVC	0	1	2	3	4	5
Swanz Ganz	0	1	2	3	4	5
Obtain specimens from UAC/UVC	0	1	2	3	4	5



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Newborn Care General Skills - cont.	Experience					
High Frequency Jet Ventilation (HFJV)	0	1	2	3	4	5
Extra Corporeal Membrane Oxygenation (ECMO)	0	1	2	3	4	5
Radiant warmers	0	1	2	3	4	5
Apnea monitoring	0	1	2	3	4	5
Glasgow coma scale	0	1	2	3	4	5
Assist with lumbar puncture	0	1	2	3	4	5
Calculation of pedi dosage	0	1	2	3	4	5
Phototherapy	0	1	2	3	4	5
Cord & circumcision care	0	1	2	3	4	5
<b>Care of the Infant with:</b>						
Bowel obstruction	0	1	2	3	4	5
Broncho-pulmonary dysplasia	0	1	2	3	4	5
Drug addiction/withdrawal	0	1	2	3	4	5
CHF	0	1	2	3	4	5
Cystic fibrosis	0	1	2	3	4	5
Diabetes mellitus	0	1	2	3	4	5
HIV	0	1	2	3	4	5
Intracranial hemorrhage	0	1	2	3	4	5
Low birth weight infants	0	1	2	3	4	5
NEC	0	1	2	3	4	5
Neuromusclar disease	0	1	2	3	4	5
PDA ligation	0	1	2	3	4	5
Pneumonia	0	1	2	3	4	5
Pulmonary edema	0	1	2	3	4	5
RDS	0	1	2	3	4	5
Seizure activity	0	1	2	3	4	5
Sickle cell disease	0	1	2	3	4	5
Spina bifida	0	1	2	3	4	5
Systemic infection	0	1	2	3	4	5
Tetralogy of fallot	0	1	2	3	4	5
Tracheoesophogeal fistula	0	1	2	3	4	5
Transposition of great vessels	0	1	2	3	4	5



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Age Specific Competencies	Experience					
Newborn/neonate (birth-30 days)	0	1	2	3	4	5
Infant (31 days-1 year)	0	1	2	3	4	5
Toddler (ages 2-3 years)	0	1	2	3	4	5
Preschool (ages 4-5 years)	0	1	2	3	4	5
School age (ages 6-12 years)	0	1	2	3	4	5
Adolescents (ages 13-21 years)	0	1	2	3	4	5
Young adult (ages 22-39 years)	0	1	2	3	4	5
Adults (ages 40-64 years)	0	1	2	3	4	5
Older adult (ages 65-79 years)	0	1	2	3	4	5
Elderly (ages 80+ years)	0	1	2	3	4	5

Please list any Additional Skills:	
1.	2.
3.	4.
Additional training:	
1.	2.
3.	4.
Additional equipment:	
1.	2.
3.	4.

The information on this and all preceding pages is true and correct.

\_\_\_\_\_  
Signature

\_\_\_\_\_  
Date